

throwing it against the wall. Manure separates itself out as it rolls off the bank. Then, spread and bank the shavings.

- Use Less. If you bed light, you need to rebed daily. If you bed deep, remove only dirty shavings and all manure, you only need to add only .5-1 bag a week. I like 10 bags in a standard stall.

- Win More. Picking saves shavings and allows for your horse to love his life. Nothing like a good night's sleep! Especially, when he is not stiff! Not enough bedding can inhibit circulation. Imagine it: the big body is pressing on the ground. Without enough bedding, circulation is inhibited. Tired and sore parts are not replenished. Lactic acid stays in the muscle. Horses get sore- same as if the blankets don't fit: Tight in the shoulders makes horses stiff. If they can't get comfortable or move, they get sore. Disagreeable, even.

Pick lots! You'll love the results. It only takes a minute. Save, conserve and reduce. In my experience, for the average barn, bedding well could reduce needs by 70 to 90%. And, even make horses hearts' big. So, bed to win.

*Ruthann Smith teaches Top Turnout™ Clinics and developed the progressive Lucky Braids coat care and braiding products, offering the most effective grooming systems. For more tips and info, visit: [LuckyBraids.com](http://LuckyBraids.com).*